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Watertown Senior News

Watertown Council on Aging/Senior Center
31 Marshall St.
Watertown, MA 02472
617-972-6490
www.ci.watertown.ma.us
October 2005

OCTOBER 2005

Page 1

Medicare Social Security Update

When: Wednesday
October 12 at 10 a.m.
Francine Kollias, Social
Security Community
Outreach Representa-
tive will visit the Senior
Center for an update
and review of Social
Security and Medicare
regulations. The new
Medicare Part D Pre-
scription program will
also be explained.

Seniors who have
heard Ms. Kollias
speak in the past know
that she presents this
somewhat confusing
information very

Inside this issue:

October Movies	2
Foxwoods Trip	2
MBTA Senior Pass Replacement	3
IRA Financial	3
Property Tax Work Off	3
Medical Screenings	4

Medicare is changing!

Starting **January 1, 2006**, prescription drug coverage will be available for **all** people in Medicare. This new benefit is the largest change in Medicare's history and **every Medicare beneficiary will be affected** in some way.

The Council on Aging will present a program:

Introducing Medicare's New Prescription Benefits

Wednesday, October 26 10:00 a.m.

This presentation is **free** and **open to all**.

Everyone on Medicare will need information about Medicare Part D, the **new**, optional, Medicare Prescription Drug Benefit. People with low income and savings, those covered by employee and retiree health plans, members of Medicare HMOs and members of the state's Prescription Advantage Program will have to think through their options under this new plan. Our program will present the latest information on Medicare Prescription Drug Plans available in our area including costs and enrollment.

Please call the Council on Aging at 617-972-6490 to sign up, so we will be sure to have hand-outs for everyone.

In the meantime, if you have questions about Medicare Part D, or about any other topic relating to Medicare and/or health insurance issues, feel free to call the Council on Aging to ask for an appointment with a SHINE counselor.

You can also reach a SHINE counselor by telephone. Call 1-800 AGE-INFO (1-800 243-4636) and press or say "2" when instructed to do so. Once you get the SHINE answering machine, leave your name and number and a volunteer will call you back.

Senior Center Harvest Party

When: Friday, October 28

Noon-4:00 p.m.

Tickets are \$13.00

And are on sale now.

*We'll have a delicious
luncheon, music, dancing,
door prizes, and fun with
friends. Don't miss it!*





(cost includes transportation and \$25.00 in bonus/coupons)

MBTA Senior Pass Replacement 10/5

To accommodate the implementation of new fare collection equipment, the MBTA will replace all valid existing MBTA Senior Citizen ID's. MBTA staff will be at the Senior Center to replace current ID's, and to take applications from new applicants. Individuals with a valid existing MBTA Senior Citizen ID's, T pass for replacement. First-time applicants, seniors (over 65) need to bring a copy of ID showing their birth date, such as a driver's license. The new passes are free and will be mailed to you.

WHEN: 10 a.m.—1:00 p.m.
Wednesday, October 5

Senior Lifestyles Seminar – Costly IRA Mistakes That Retirees Make and How to Avoid Them

Chris Grande, Certified Senior Advisor, & Principal of Walnut Hill Advisors will share ways to avoid mistakes, and make smart IRA decisions at this free educational workshop.

WHEN: 10:00AM.
Wednesday October 19

All attendees will be entitled to a free 30-45 minute consultation to discuss individual needs, and questions will be fielded during the seminar. To insure that we have enough materials and refreshments for all, call the Senior Center at 617-972-6490 to reserve your place.



Fall Foliage Trip

Enjoy the fall foliage, have a full course gourmet luncheon with your choice of Chicken Pot Pie or Pot Roast at Stockbridge's famed Red Lion Inn, and take in the classic American art work at the Norman Rockwell Museum.

When: Thursday, October 20
Leave: 9:00 a.m.
Return: 5:00 p.m.
Cost: \$52.00

WATERTOWN SENIOR PROPERTY TAX WORK-OFF PROJECT

The town of Watertown is offering the property tax work-off project to senior resident homeowners again this year. This program allows up to ten seniors (age 60 and older) a \$750 deduction from their property tax bill in exchange for 110 hours of work for a Town department.

Participants must own and occupy the property for which the taxes are

deducted. In addition, the applicant's skills must match those needed by the participating Town departments. Past projects have included: data entry, filing, or working in the public schools.

The Town gives preference to individuals whose annual income is 300% of the Federal poverty level or less (\$28,710 for one, \$38,490 for 2.)

Copies of your 2003 income tax return may be requested to verify income. Past participants may be considered if space is available.

For an application or more information, call the COA at 617-972-6490. Applications will be accepted through

**WATERTOWN COUNCIL ON AGING
SENIOR CENTER**

31 Marshall St.
Watertown, MA 02472



Phone: 617-972-6490
Fax: 617-972-6493
website: www.ci.watertown.ma.us

We're on the Web!
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The **COUNCIL ON AGING BOARD** will meet at 5:30 p.m. Wednesday, October 5 at the Senior Center.



SENIOR NEIGHBORS will meet at 1:00 p.m. Wednesday, October 5 in the Masonic Temple, 32 Church St.

MEDICAL UPDATE

**Medical screenings listed
are all on
Thursday mornings.**

Hearing Screening	October 6
(Call for an appointment)	
Dental Screening	October 13
(Call for an appointment)	
Foot Care	October 20
(In order of sign-in starting at 10:00 am)	

FREE DENTAL CHECK-UP Dr. James Toyias formerly of the Tufts University School of Dental Medicine provides free dental check-ups by appointment at the Senior Center. Dr. Toyias evaluates dental health, and examine dentures, provides recommendations and referrals for dental treatment. Call 617-972-6490 to make an appointment.



Don't Miss
an afternoon of 40's
swing style music performed

by Boston's all-women big band

**The
Mood Swings
Orchestra**

When: 3:00 p.m. Sunday October 30,
2005

Where: First Parish Unitarian Church
35 Church St., Watertown Square

A benefit for and sponsored by the
Friends of the Watertown Council on Aging
Donation: \$10.00 Refreshments...Door
Prizes

Call the Senior Center at 617-972-6490 for
tickets, or more info, or contact Friends event

MEDICAL TRANSPORTATION UPDATE

Watertown seniors needing transportation to medical appointments may call Busy Bee Transportation at **1-800-427-0230** for a ride. This service is available Monday through Friday from 9:00 a.m. to 3:00 p.m. Reservations must be made at least three days in advance. A donation of \$3.00 each way for local transportation (inside Watertown or Cambridge,) and \$4.00 each way for transportation to appointments outside of Watertown or Cambridge is requested. The Town of Watertown provides funding for local medical transportation. Funding for medical transportation outside Watertown is funded through Springwell. This is a donation, not a fee. Transportation will be provided regardless. Questions? Call the Senior Center at 617-972-6490.



**The Senior Center will
be closed
Columbus Day
Monday
October 10.**